

# FOOD PANTRIES

On Cape Cod,  
Massachusetts



## A GUIDE FOR HELP IN LOCATING FOOD FOR YOU AND YOUR FAMILY

Updated October 30, 2006

### SERVING ALL CAPE COD

#### **The Family Pantry**

133 Queen Anne Rd., Harwich 508-432-6519  
Off Exit 10, Mid-Cape Highway (Rt. 6)  
Tues. & Thurs. 10-12noon & 1:30-3:30pm;  
Sat. 10-12noon, food given every 21 days

#### **Elder Services of Cape Cod**

68 Route 134, South Dennis  
508-394-4630, 1-800-244-4630  
Meals on Wheels, Senior Dining Centers  
Senior Nutrition Program, call for information

#### **Salvation Army/Hyannis**

100 North St., Hyannis 508-775-0364  
by appointment only - call at least 1 day before  
food given once per month

#### **Damiens Food Pantry**

Red Brook Rd., Wareham 508-759-5245  
open Tues., Thurs. & Sat. 10-12noon

#### **Local/Lunch and Dinner**

St. Joan of Arc Church  
63 Canal Rd., Orleans 508-255-1094  
serving lunch Tues. 12 noon, serving dinner Thurs. 6pm  
call for information and directions

#### **Nam Vets Association of Cape & Islands, Food Pantry**

565 Main St., Hyannis 508-778-1590  
all veterans and their families on Cape Cod & Islands (must furnish a  
DD214)  
open Mon. & Thurs., 10am-2pm  
food given every 15 days

#### **Independence House**

Cape Cod's Resource Center for Victims and Survivors of Domestic  
Violence and Sexual Assault  
160 Bassett Lane, Hyannis 508-771-6507  
call for information, **clients only**

#### **SERVE New England**

Local chapters throughout Cape Cod  
1-888-742-7363  
food packages for a nominal fee

### **PANTRIES AND FEEDING PROGRAMS THAT LIMIT PATRONS GEOGRAPHICALLY LISTED BY TOWN**

#### **Bourne**

**Bourne Friends Food Pantry**, 6B Colonial Dr.  
Bourne, 508-759-3351  
Every Thurs. 9-12noon; 4<sup>th</sup> Thurs. 5 to 8pm; 3<sup>rd</sup> Sat. 9-12noon

#### **Brewster**

**Lower Cape Outreach Council**  
1-866-879-5262  
food provided to clients who call and request  
food available every 15 days

#### **St. Vincent de Paul**

**Our Lady of the Cape** 508-385-7582 (Hot Line)  
468 Stoney Brook Road  
Brewster, MA 02631  
Food distributed by request and delivered.

#### **Chatham**

**Lower Cape Outreach Council**  
1-866-879-5262  
food provided to clients who call and request  
food available every 15 days

#### **St. Christopher's Episcopal Church**

508-945-2832, call for information

#### **Dennis**

**Hands of Hope Outreach Food Pantry**  
355 Main St., Dennisport 508-394-6361  
open: Mon.-Wed., 10am-3pm Thurs, 10-12:30pm

#### **South Dennis, East Dennis**

**Hands of Hope Outreach Food Pantry**  
355 Main St., Dennisport, 508-394-6361  
open: Mon.-Wed., 10am-3pm, Thurs. 10-12:30pm

#### **Our Lady of the Cape Church/St. Vincent de Paul**

508-385-7582  
call for information about receiving food

**PANTRIES AND FEEDING PROGRAMS  
THAT LIMIT PATRONS  
GEOGRAPHICALLY LISTED BY TOWN**

**Continued**

**Eastham**

**Lower Cape Outreach Council**

1-866-879-5262

food provided to clients who call and request

food available every 15 days

**Eastham cont.**

**St. Joan of Arc/St. Vincent de Paul**

61 Canal Rd., Orleans Help line: 508-255-8080

food provided to clients who call to request food

**Falmouth**

**The Falmouth Service Center**

611 Gifford St., Falmouth 508-548-2794

open: Mon. 10am-6pm, Tues. & Thurs., 10-2pm,

Wed. 5-7pm, Fri. 10-12noon

Falmouth and Mashpee residents eligible for food every 3 weeks

**Around the Table: meal program providing lunch**

St. Barnabus Church Parish House 508-548-3863

Mon., Wed., Fri. lunch only

**Harwich**

**Lower Cape Outreach Council**

1-866-879-5262

food provided to clients who call and request

food available every 15 days

**Hands of Hope Outreach Food Pantry**

355 Main St., Dennisport 508-394-6361

open: Mon.-Wed., 10am-3pm, Thurs. 10-12:30pm

**Hyannis/Barnstable**

**First Baptist Church**

Main St., Hyannis 508-775-1846

open: Fri., 9 – 12noon

**St. Francis Food Pantry**

347 South St., Hyannis 508-775-3073

open: Tues. & Fri., 10-12noon

**Cape AIDS Ministry Food Pantry**

155 Winter St., Hyannis 508-775-9730

call for information, **clients only**

The above and including W. Barnstable, Marstons Mills, Cotuit,

Cummaquid

**AIDS Support Group of Cape Cod**

monthly food pantry and emergency food 508-778-1954, ask for

Krystin St. Onge or 508-539-2364, ask for Mimi Razon

**clients only**

**Hands of Hope Outreach Food Pantry**

355 Main St., Dennisport 508-394-6361

open: Mon.-Wed., 10am-3pm, Thurs. 10-12:30pm

**Mashpee**

**First Baptist Church**

Main St., Hyannis 508-775-1846

open Tues. & Fri., 10-11:45am

**Hands of Hope Outreach Food Pantry**

355 Main St., Dennisport 508-394-6361

open: Mon.-Wed., 10am-3pm, Thurs. 10-12:30pm

**St. Vincent de Paul/Christ the King Church Food Pantry**

Route 151 & Jobs Fishing Rd., Mashpee 508-477-7710

open: Wed. 10-12noon, 5<sup>th</sup> Weds. 6 – 8 PM

food available once per month

**The Falmouth Service Center**

611 Gifford St., Falmouth 508-548-2794

open: Mon. 10am-6pm, Tues. & Thurs., 10-2pm,

Wed. 5-7pm, Fri. 10-12noon

Mashpee and Falmouth residents eligible for food every 3 weeks

**Orleans**

**Lower Cape Outreach Council**

1-866-879-5262

food provided to clients who call and request

food available every 15 days

**St. Joan of Arc/St. Vincent de Paul**

61 Canal Rd., Orleans

Pantry open 3<sup>rd</sup> Sat. of the month 9am-11am

**Provincetown**

**Soup Kitchen in Provincetown (SKIP)**

24 Shank Painter Rd. 508-487-8331

hot nourishing meals to needy residents at the Provincetown United

Methodist Church

meals served Nov.-April, Mon.-Fri., 12:30-1:30pm

**Lower Cape Outreach Council Food Pantry**

Provincetown United Methodist Church

1-866-879-5262

food pick-up for clients who have called in a request for food

**AIDS Support Group of Cape Cod**

96-98 Bradford St.

508-487-9445, ask for Bill Furdon

Lunch program and emergency Food Pantry

Monday thru Friday, call for information

**Sandwich**

**Sandwich Food Pantry**

331 Cotuit Rd., Sandwich 508-888-3816

open every Wed. 10-12noon, and

last Wed. of every month 6-8pm

**Truro**

**Lower Cape Outreach Council**

1-866-879-5262

food provided to clients who call and request

food available every 15 days

**Wellfleet**

**Lower Cape Outreach Council**

1-866-879-5262

food provided to clients who call and request

food available every 15 days

**Yarmouth**

**Hands of Hope Outreach Food Pantry**

355 Main St., Dennisport

508-394-6361

open: Mon.-Wed., 10am-3pm, Thurs. 10-12:30pm

**First Baptist Church**

Main St., Hyannis 508-775-1846

open Tues. & Fri., 10-11:45am

**West Yarmouth**

**Hands of Hope Outreach Food Pantry**

355 Main St., Dennisport 508-394-6361

open: Mon.-Wed., 10am-3pm, Thurs. 10am-12:30pm

**St. Francis Food Pantry**

347 South St., Hyannis 508-775-3073

open Tues. & Fri., 10-12noon