



**FALMOUTH
SERVICE CENTER**
more than a food pantry



PARTICIPANTS INVITED

Our Foods to Encourage (F2E) Program is accepting new participants at the Falmouth Service Center

**NEW
2023
Dates**

Thursdays, 10 am - noon

**All dates are weather permitting*

January 5

February 2

January 19

February 16

In the front foyer, up the main entrance ramp.

- Obtain free blood pressure/blood sugar screenings by Barnstable County Public Health Nurses
- Pick-up fresh produce and non-perishables while you are here
- Complete confidentiality for every participant

NO APPOINTMENT NECESSARY

Are you currently diabetic, pre-diabetic, have high blood pressure, or want to be more involved with your health? Come join us!

Partnership with Barnstable County Public Health Nurses





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